

New Moon in June 2010 retreat in the Mountains of Western NC

With Mahamandaleshwhar Yug Purush Paramanandji Maharaj from Haridwar, India

rsvp at spiritfound@gmail.com or call 828-215-3194

www.akhandparamdham.com

Paramanand Maharaji



- June 10-13, 2010
- Organic vegetarian cuisine \$30/day
- Lodging \$20 outside / \$40 inside
- Located on the French Broad River



Prama Retreat Center

- Master Vedic teachings, Pranayam
- Kriya, Raja & Kundalini Yoga
- Sound Healing , Accupuncture
- Kirtan by Chaitanya
- Satureve feast of authentic Indian fare
- Walking meditation, periods of silence