

SUMMERTIME
2009



Glimpsing the footsteps of Yug Purush Swami Paramanand Giri Ji Maharaj



HIGHLIGHTS:

- Sanyas Celebration
- USA Satsangs
- Photo Journal
- USA Tour Audio CD's
- Upcoming Events :
- Gangotri Pilgrimage
- Kumbh Mela Haridwar
- Yoga Teachers Training
- Seva Opportunities

Celebration of Maharaji's 53rd year of Sanyas

Maharaji was venerated by numerous illustrious sants & devotees when they came to Haridwar & elaborated on the extraordinary qualities of Maharaj ji wishing him a long life to continue to spread the message of the Vedant around the world. Swami Chinmayanand, past Minster & Parliament member, Sant Baba Ram Singh of Nanaksar Dabar, along with many Mahamandaleshwars including Swami Ram Dev, the great yoga guru, Swami Sahshwatananda of Kurukshetra, Swami Balkananda, Swami Satyamitrananda, Swami Anubhutanand & Sadhvi DidiMa Ritambhara, Maharaji's world renown devotee, were but a few who came to pay tribute.

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Summer Satsangs in the US ...continued inside

Maharaj Ji wasted no time after arriving in NYC in May where the first satsangs addressed questions about terrorism. He said that time is the greatest terrorist eroding away ones life & that it's only by knowing the Truth that freedom is possible. He said the destructible is a means to understand the indestructible and that we are indeed everlasting. Touring through NY, NJ, Va. NC, FL & TX in May & June he elaborated on ways to attain this understanding and 'Jivan Mukti'. How to attain liberation while still in the body. *Photo Journal on next page.*

ITV in NYC Broadcasts
Maharaji's Message



Audio CD's of the satsangs are available on
line at www.akhandparamdham.com

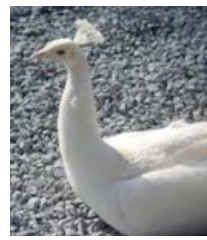
Photo Journal of Eastern USA Tour



Gita Mandir, Elmhurst, NY



N.C. White Peacock Greets Gurudev



Staten Island,



Retreat in Albany, NY



LI, NY-Body & Soul Yoga Center



Waterfall Walk, NC



Garden walk in L.I., NY



Retreat in N.C.



Western Carolina Univ.



Houston, Tx. Vallabh Preeti Seva Samaj



Orlando, Fl.

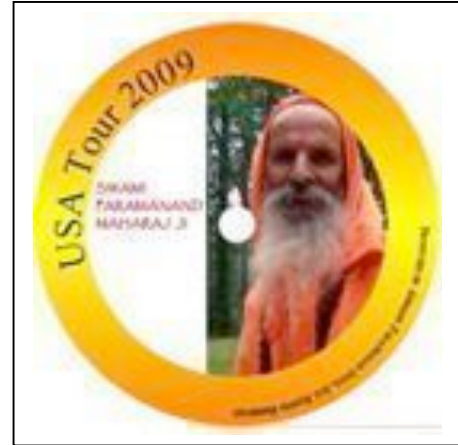


Mataji shows Lotus Temple -Yogaville, Va.



CD #	DATE	LOCATION	DURATION	SIZE
1.	5/19/09	NY Wawadh's informal	24:33	11.5 MB
2.	5/20/09	NY Staten Is-Shakti Yoga	1:10:04	64.4 MB
3.	5/21/09	NY - Gerald's	1:50:40	101.5 MB
4.	5/22/09	NY, LI.Huntington Park	1:57:04	107.4 MB
5.	5/22/09	LI, NYPranayam	52:23	48.2 MB
6.	5/23/09	Burts , LI ,NY	1:58:21	108.6 MB
7.	5/24/09	Hindu Center, NY #1	1:12:19	66.4 MB
8.	5/25/09	Hindu Center #2 of 4	1:11:26	65.6 MB
9.	5/26/09	Hindu Center #3 of 4	1:11:25	65.6 MB
10.	5/27/09	Hindu Center, NY #4	1:07:11	61.7 MB
11.	5/28/09	Albany NY #1	1:02:23	57.3 MB
12.	5/28/09	Albany NY #2	55:21	50.9 MB
13.	5/29/09	Albany NY #3	18:09	16.8 MB
14.	5/29/09	Albany NY #4	34:23	31.7 MB
15.	5/29/09	Albany NY #5	1:16:26	70.2 MB
16.	5/30/09	Albany NY #6	1:08:48	63.2 MB
17.	5/30/09	Albany NY #7	1:55:06	105.6 MB
18.	5/30/09	Albany NY #8	48:49	44.9 MB
19.	5/31/09	Albany NY #9	1:16:11	70 MB
20.	5/31/09	NJ Sanatan Temple #1	1:04:34	59.3 MB
21.	6/01/09	N J Sanatan Temple #2	1:06:51	61.4 MB
22.	6/2/09	N J Sanatan Temple #3	1:03:41	58.5 MB
23.	6/2/09	Radio -Wisdom's Whisper	1:00:32	55.6 MB
24.	6/3/09	NJ Sanatan Temple #4	1:07:57	62.4 MB
25.	6/4/09	NC Namaste Center	1:17:16	71 MB
26.	6/5/09	NC Retreat #1 morning	1:53:20	104 MB
27.	6/5/09	NC Retreat #2 pranayam	6:20	6 MB
28.	6/5/09	NC Retreat #3 afternoon	1:44:03	95.5 MB
29.	6/5/09	NC Retreat #4 evening	35:38	32.8 MB
30.	6/6/09	NC Retreat #5 morning	1:30:07	82.7 MB
31.	6/6/09	NC Retreat #6 afternoon	1:47:35	98.7 MB
32.	6/6/09	NC Retreat #7 evening	54:05	80.2 MB
33.	6/7/09	NC Retreat #8 morning	1:27:24	80.2 MB
34.	6/7/09	NC Retreat #9 Vibrations	2:04:10	113.9 MB
35.	6/7/09	NC Retreat #10 Vibrations H	32:15	325.5 MB
36.	6/7/09	NC Retreat #11 evening	29:47	27.5 MB
37.	6/8/09	NC Unity Center	1:24:12	77.3 MB
38.	6/8/09	NC Retreat #12 morning	1:21:30	74.8 MB
39.	6/8/09	NC Retreat #13	51:42	47.5 MB
40.	6/9/09	NC Waynesville Dr. J & T	52:46	48.5 MB
41.	6/9/09	NC W. Carolina University	1:21:38	75 MB
42.	6/18/09	Orlando, Fla. - Vipin	13:43	12.8 MB
43.	6/19/09	Orlando, Fla.	13:43	12.8 MB
44.	6/20/09	Houston, Tx. - Narayan	40:52	37.6 MB
45.	6/20/09	Houston, Tx. Shiv Shakti	31:30	29.1 MB
46.	6/20/09	Vallabh Priti Seva Samaj	11:06	10.4 MB
47.	6/21/09	Houston, Tx. Hindu Center	44:31	41 MB
48.	6/21/09	Houston, Tx. Radha Krishna	51:53	47.7 MB
49.	6/21/09	Houston, Tx. Vermas	1:35:49	87.9 MB
50.	6/22/09	NY-Asa Mai Temple #1	1:20:	73.8
51.	6/23/09	NY Asa Mai Temple Med.	17:22:16	1 MB
52.	6/23/09	NY ELizabeths	46:204	2.6 MB
53.	6/23/09	NY Elizabeths Q & A	10:09	9.5 MB
54.	6/23/09	NY- Asa mai Temple #2	54:33	50.2 MB
55.	6/24/09	NY- Geeta Temple #1	58:32	53.8 MB
56.	6/25/09	NY-Geeta Temple #2	1:15:28	69.3 MB
57.	6/26/09	NY- Geeta Temple #3	1:00:	55.9 MB
58.	6/27/09	NJ Lunch	39:08	36.1 MB
59.	6/27/09	NJ- Informal Q&A	14:34	13.6 MB
60.	6/27/09	NJ- Ram Soods -English	1:17:49	71.5 MB
61.	6/28/09	Penn., Blue Bell	1:02:10	57.1 MB
62.	6/28/09	Penn. Informal English	49:07	45.2 MB

USA Tour 09 Audio CD's are now available on line at:
<http://www.akhandparamdham.com>
 or email
akhandparamdham@gmail.com
 with your order.



Thankyou to all who helped with the USA tour...to all of you who hosted programs, took care of logistics, prepared meals, chauffeured, burned CD's, played office devas, sang, danced, took photos, and handled numerous other seva activities...
A VERY BIG MAHA THANKYOU TO YOU!

Audio recordings are \$10. per satsang. If you are ordering a sequential set of 4 or more, the 4th onwards will be only \$ 5. if in mp3 format. Audio quality was dependent on audio setup at various locations & vary. Proceeds from website orders go to assist with Akhand Paramdham's social projects.

Upcoming Events

July 24-August 13 -California, USA Tour. For program details go to:
<http://www.akhandparamdham.com>

August 14-17 – Belgium Tour – contact Nirman Arora 0032-486891509

August 18-Sept. 3 – UK Tour – contact Daljit Singh Ji 0787 768 1305 or 44 (0) 787 768 1305

Sept. 4-15 (7-13 is actual program), Yoga, Meditation and Pilgrimage to Gangotri Dham with Swami ParamanandJji & Swami Vishwatmanand Ji. Plan on arriving in Delhi on the 5th and proceed to Akhand Paramdham Ashram in Haridwar on the 6th. We will travel together from Haridwar to Uttarkashi on the 7th. The retreat begins the morning of the 8th culminating with Gangotri darshan and pooja on the 12th. The 13th we will travel down the mountain to Haridwar. 13th night and 14th day and night in Haridwar to get accustomed to the altitude difference, then head back to Delhi on the 15th.
Sept.7th to 13th Persons interested in joining this retreat should let their intent be known asap by emailing akhandparamdham@gmail.com A website has been set up at www.paramvishavgangadham.com

Jan. 6 - Feb. 5, 2010–Yoga Teachers Training & Certification at Paramanand University - Application Registration Fee \$200. & Tuition \$250./200 hr. Training & Recognized Certification. Residential Campus Option for Room & Board \$300. Mo. Can be combined with program below. Link at <http://www.paramyoga.org/syttc.html>

Feb. 10 – March 9, 2010 – Yoga teachers Training and Certification – same as above. Both trainings can be combined & embellished to receive 500 hr. Training Certificate for \$400. End in time to join us at Kumbh Mela (see below)

March 11-21, 2010 – Kumbh Mela Foreigners Camp. Arrive by the 11th in Haridwar. The roads will close after that. Auspicious Ganges Bathing Day & opening ceremonies are March 15th. Special accommodations have been arranged for a small group of foreigners at Gurudev's ashram. Email akhandparamdham@gmail.com to set your intention. A 200. deposit is asked to prepare your space. Meals, double share room, translator and local transport will be provided. A fundraiser donation on a sliding scale of 800-1800. Will improve ashram facilities.
Arrangements can be made to stay longer if you like. Last auspicious bath day April 14.

Seva OpportunitiesAkhand Paramdham needs:

- * 1 person with basic computer skills to help fill orders from home.
- * 1 person website savvy to do updates on the website.
- * News & pics about Swami Paramanand from devotees.