

Following the Footsteps of Swami Paramanand Maharaj

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Kumbha Mela in Haridwar

The **solar eclipse** on January 15 heralds the Grand Kumbha Mela in Haridwar. Jupiter enters Aquarius and joins with the Sun entering Aries on March 15th during the new moon, when an extraordinary event happens. It is 'Amavasi', a ceremony said to cleanse all of spiritual, emotional, mental and physical blockage to allow the unfolding of the True One to emerge. Enlightened Ones, Holy Saints & those seeking to heal themselves and the planet will gather at this time to pray in the holy waters of the Mother Ganges River. This will be the last 'Amavasi' before 2012. This is the most auspicious time of the Mela noted by numerous astrologist and spiritual teachers for cleansing of all outdated ways. It is said that anyone sincerely seeking Truth can be liberated at this time. Tales of the Kumbha go back to the Mahabharata epic back in 400 AD and originated long before that. Every 12 years pilgrims have been coming to Haridwar Mela (gathering) to pray and dip in the holy Ganges where the Hindu scriptures say the elixer of immortality, Amrit, was spilled from the spiritual pot (Kumbh). It is said that a dip in the Ganges at this time cleanses away all illusions and lifts the veil to true freedom.

We are truly blessed that the head of the Nirajani Achara, our beloved Swami Paramanand Maharaj, has made it possible for us to experience this incredible gathering. Under his grace we are being provided a safe and comfortable haven at his ashram next to the Ganges River. For more info if you'd like to join us email <mailto:akhandparamdham@gmail.com>



Pilgrims gather with Maharaj Shree in prayer on the banks of the Ganges River

Greening the Mela

Akhand Paramdham has taken steps to help keep the Kumbha Mela Green this year. A "Say no to Plastic Bags!" campaign has been initiated to raise awareness around the use of plastic bags and to provide alternatives for Kumbha goers!

Photo Journal



HARIDWAR ASHRAM Above pics L to R: Haridwar Ashram / Sunset on Ganges / Saints leaving ashram after Shiv. / Russians come for a week of satsang / Russian yoga students perform lotus dance for Swamiji / Foreigners satsang on the banks of the Ganga.



NEW SCHOOLS COMING UP IN REMOTE AREAS ARE PRAISED

Pics L to R: **Chief Minister Prem Kumar Dhumal** with Maharaji blessing the new Vatsalya Gram in Himachal, / **Baba Ram Dev** & Maharaj lay the foundation stone for the new VG. **BJP national president Rajnath Singh** honors Maharaj and **Sadhvi DiDiMa Ritambhara** for outstanding service to the community at the groundbreaking ceremony. Below: Maharaji addresses teachers of the 'One Program'. / Some of the 26,000 teachers that have been sent into remote areas through the 'One Program' applauding Maharaji's inspirational speech.



Right: Kids from Sijay, MP excited about new school that will be coming to their village. They wanted to say thanks to you!



Satsangs



Maharaj Ji says.....

Consciousness is everywhere, but when it associates with intellect, it gains focus ... experience. Just as focusing the rays of the sun creates fire, focusing consciousness creates life, it creates individuality. How you use this experience is up to you. You are wise to use this life to discover your Self and find True Bliss.

A perishable long life is a short life, even if it is 1,000 years. In this way life is very short. So happiness that ends is also short. Self Knowledge and happiness that is not perishable is the great attainment. I would like to tell you of the hidden inner Bliss that we discover as we move back into our Source just as water comes out when we dig a well.



But we have to dig. It is a process of discovery, or better said, rediscovery.

Most people use their mind, body & senses like toys, playing with them like children. This is a free play. There is no charge. You can do as you wish. So why not be in joy? Why be miserly in your joy? Be happy. Laugh in awareness. Rejoice in your laughter. Don't be a beggar for Bliss. You are Bliss. Farm and grow Bliss. There's no reason to be miserly with your joy. Be mad in this bliss. It is your birthright.

Photos L to Ri: Satsang in Haridwar Ashram / Saints having a meal in Ashram after satsang / Maharaj in courtyard / Satsang in Chattarpur, MP / Satsang in Nalagarh, Himachal State



For in depth satsangs get the English quarterly magazine 'Yug Nijhar'. Subscriptions are \$ 30 yr. \$250.Lifetime inc. shipping. You can order by emailing <mailto:akhand.webshop@gmail.com>

We're on the Web...See our Website Offerings at
<http://akhandparamdham.com/webshop.html>

Books, CD's, DVD's and Care Gift Cards are all available online.
All proceeds go towards Ahkand Paramdham's social projects.



Satsang CD's in English

- ⇒ *Belgium Satsangs 2009 \$10.*
- ⇒ *England 2009 - 25 Satsangs \$20.*
- ⇒ *USA 2009 West Coast - 35 Satsangs \$20.*
- ⇒ *USA 2009 East Coast - 60 Satsangs \$20.*

Talking Book CD's

- ⇒ *Inner Peace \$10.*
- ⇒ *108 Insights from Gurudev \$10.*
- ⇒ *Sukti Mala in Hindi \$10.*
- ⇒ *Body to Soul Consciousness*
- ⇒ *Direct Experience of Truth*

Care Cards

- ⇒ *Gifts that give support to a needy child with food, shelter & education for 1 month or more. \$30.*

If you require other than mp3 format they are available upon request.

All recordings have the original Hindi left in.

The US & Belgium tours have some English translations which vary in accuracy. .
Feel free to email akhandparamdham@gmail.com for clarity if something is unclear.

Peace through Enlightenment

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